

All races: 5.4km
- 200m start to loop
- 2 x 2.7km loop
- Finish 200m
before end of loop



START

FINISH

Paved section

Paved section

Langara Park

Langara College

Langara Golf Course

Cambie Street

Ontario Street

Ontario Street

West 58th Avenue

West 59th Avenue

West 49th Avenue